



FITNESS ON DEMAND

12,000+ Workout Videos For Free

Work out anytime, anywhere with **12,000+ on-demand workout videos**—available at no cost before you enroll!

Choose from categories such as Cardio, Strength, Dance, Yoga, Pilates, Cycling, and more. Top fitness instructors include Brett Hoebel, SH1FT, YogaFit, and more.

Simply create an account to discover workouts for every style and fitness level—absolutely free!



Ready to level up your fitness routine?

Enroll in the full **Active&Fit Direct** program for just **\$28/mo.*** to:

- Work out at your **favorite gym**
- Access **1:1 well-being coaching**
- **Enroll your spouse** in their own membership**

All with **no long-term contracts** or **annual fees.**

Create Your Account: <https://gateway.joann.com>

Ally > Your Top Apps > My Benefits > Emotional & Physical Wellness tab > Wellness



*Plus an enrollment fee and applicable taxes. Costs for premium exercise studios exceed \$28/mo. and an enrollment fee will apply for each premium location selected, plus applicable taxes. Fees vary based on premium fitness studios selected. On-demand workout videos are available at no cost upon registration in the Active&Fit Direct program and do not require purchase of membership.

**Add a spouse/domestic partner to a primary membership for additional monthly fees. Spouses/domestic partners must be 18 years or older. Fees will vary based on fitness center selection.

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Affordable Fitness Made Easy

- 1** Find your perfect gym from 12,500+ options nationwide.
- 2** Enroll online in minutes, with **no long-term contracts** or annual fees.
- 3** **Start working out today!** Your membership also includes 1:1 well-being coaching and the option to purchase a membership for your spouse.¹

PLUS

- » **8,500+ Premium Gym Options** at exercise studios, outdoor experiences, and others with **20% – 70% discounts at most locations.**²
- » **Get Fit at Home™ for Free** with 12,000+ on-demand workout videos before you enroll! **Just create an account.**

\$0 Enrollment Fee With Code: STAYSTRONG³

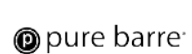
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Standard
Fitness Network



Premium
Fitness Network



¹ Add a spouse/domestic partner to a primary membership for additional monthly fees. Spouses/domestic partners must be 18 years or older. Fees may vary based on fitness center selection.

² Costs for premium exercise studios exceed \$28/mo. and an enrollment fee will apply for each premium location selected, plus applicable taxes. Fees vary based on premium fitness studios selected.

³ Monthly fees are subject to applicable taxes. \$28 enrollment fee waived for standard gyms only 3/1/24 12:01 a.m. - 6/30/24 11:59 p.m. PT.

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